EXPRESS MAIL LABEL NO. EL563155020US

and embodiments within the scope of the present invention.

What is claimed is:

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CLAIMS

- 1. A method for distributing electronic mail efficiently across a network of information
- 5 processing units and intermediate nodes, the method on an information processing unit comprising the steps of:

receiving a mail message created by a user with a list of destinations; and sending a single copy of the mail message across the network via intermediate nodes to addresses corresponding to the list of destinations using a reliable multicast technique.

2. The method as defined in claim 1, wherein the reliable multicast technique comprises a reliable small group multicast technique.

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- 3. An information processing unit for distributing electronic mail efficiently across a network of information processing units and intermediate nodes, the information processing unit comprising:
- a reception unit for receiving a mail message with addresses corresponding to a list of destinations; and
- a transmission unit for sending a single copy of the mail message across the network via intermediate nodes to addresses corresponding to the list of destinations using a reliable multicast technique.
- 10 4. The information processing unit as defined in claim 3, wherein the reliable multicast technique comprises a reliable small group multicast technique.
 - 5. The information processing unit as defined in claim 3, wherein the transmission unit operates according to a communication protocol to process ACKs and NAKs as well as packet retransmissions.

- 6. A computer readable medium including instructions for distributing electronic mail efficiently across a network of information processing units and intermediate nodes, the computer readable medium comprising instructions for:
- receiving a mail message with addresses corresponding to a list of destinations; and
- sending the mail message across the network via intermediate nodes to the addresses corresponding to the list of destinations using a reliable multicast technique.
- 7. The computer readable medium as defined in claim 6, wherein the reliable multicast technique comprises a reliable small group multicast technique.

8. A method for distributing electronic mail across a network of information processing units and intermediate nodes, the method on an intermediate node comprising the steps of:

receiving a multicast packet; determining one or more "next hops" for forwarding the packet; replicating the packet for each "next hop"; and forwarding one copy of the packet to each of the "next hops".

- 9. The method as defined in claim 8, wherein the determining, replicating and forwarding steps operate according to a Small Group Multicast scheme.
 - 10. The method as defined in claim 8, further comprising the step of: repetitively executing the determining, replicating and forwarding steps for each newly received packet.
 - 11. The method as defined in claim 8, further comprising the steps of: processing ACKs and/or NAKs; and performing packet retransmissions.
 - 12. The method as defined in claim 8, wherein the multicast packet comprises a small group multicast packet.

13. A computer readable medium including instructions for distributing electronic mail efficiently across a network of information processing units and intermediate nodes, the computer readable medium comprising instructions for:

receiving a packet containing address information for a list of destinations; determining the "next hop" for each of those destinations; and replicating the packet for each "next hop".

- 14. The computer readable medium as defined in claim 13, further comprising the instruction for:
- forwarding a copy of the packet to each "next hop".
 - 15. The computer readable medium as defined in claim 14, further comprising the instruction for:

repetitively executing the determining, duplicating and forwarding steps for each newly received packet.

16. The computer readable medium as defined in claim 15, further comprising the instructions for:

processing ACKs and/or NAKs; and handling packet retransmissions.

- 17. An intermediate node for distributing electronic mail efficiently across a network of information processing units and intermediate nodes, the intermediate node comprising:
- a reception unit for receiving a packet containing address information for a list of destinations:
 - a determination unit for determining the "next hop" for each of the destinations; and
 - a copying unit for replicating the packet for each of the "next hops".
- 10 18. The intermediate node as defined in claim 17, further comprising:
 a forwarding unit for forwarding a copy of the packet to each of the "next hops".
 - 19. The intermediate node as defined in claim 18, further comprising:
 - a repeater unit for repetitively executing the determining, duplicating and forwarding steps for each newly received packet.
 - 20. The intermediate node as defined in claim 19, further comprising: an acknowledge unit for processing ACKs and/or NAKs; and a retransmit unit for handling packet retransmissions.